

# Rivers & Lakes Century

Presented by: Adirondack Ultra Cycling

MILE	DIR	MARK	DESCRIPTION
<b>0.0</b>	<b>START</b>	<b>START</b>	<b>*** 7 PEARL STREET ***</b>
0.3	R	SS	FERRY STREET
0.5	S	TL	ROAD NAME CHANGES TO SR 29
1.2	R	FL	RIVER ROAD/CR 113 *** 1ST RIGHT AFTER BRIDGE ***
12.8	S		ROAD NAME CHANGES TO RIVER ROAD/CR 120
13.7	R	SS	STILLWATER BRIDGE ROAD/CR 125
14.0	L	FL	US 4/SR 32 *** STEWART'S SHOP ***
16.8	L	TL	STAY ON US 4/SR 32 *** 2ND TRAFFIC LIGHT BY SHOPPING PLAZA ***
18.1	BR		BEAR RIGHT ONTO SR 146
21.0	S	TL	SR 236 *** STAY STRAIGHT AT LIGHT ***
22.1	L	TL	HARRIS ROAD/CR 95
23.9	S	SS	CROSS MIDDLETOWN ROAD/CR 96
24.0	R/ BL	SS	RIGHT ONTO HALFMOON DRIVE/CR 94/THEN AN IMMEDIATE LEFT ONTO CHURCH HILL ROAD/CR 99
24.9	L	TL	SR 9 *** STEWART'S SHOP ***
24.9	R	TL	TOWPATH ROAD/CR 92 *** 1ST RIGHT *** DO NOT GO OVER BRIDGE ***
25.1	BL		CANAL ROAD *** 1ST LEFT ***
27.3	R		CLAM STEAM ROAD *** UP STEEP HILL ***
27.6	L		RIVERVIEW ROAD *** CROSS OVER HIGHWAY ***
31.4	BL	SS	STAY ON RIVERVIEW ROAD *** BEAR LEFT AT FIRE HOUSE *** CROSS VISCHER FERRY ROAD ***
35.7	S	SS	STAY ON RIVERVIEW ROAD/JCT GROOMS ROAD
<b>37.0</b>	<b>R</b>	<b>TL</b>	<b>SR 146 *** STEWART'S SHOP ***</b>
37.7	S	TL	BLUE BARNS ROAD/CR 110 *** STAY STRAIGHT AT LIGHT ***
38.6	R	TL	ASHDOWN ROAD *** HALFWAY DOWN HILL ***
41.0	R	SS	SCHAUBER ROAD/CR 80
42.4	L		LAKE ROAD *** TURN AT LAKESIDE FARMS *** CAUTION! BUSY INTERSECTION ***
45.7	L	SS	EAST LINE ROAD/CR 82
46.3	S	TL	CROSS SR 67 *** STEWART'S SHOP ***
46.5	R		BROWNELL ROAD
48.5	S	SS	ROAD NAME CHANGES TO VAN AERNEM ROAD
49.7	R	SS	MALTA AVENUE/CR 63
50.4	S	TL	CROSS US 9/ROAD NAME CHANGES TO MALTA AVENUE EXTENSION/CR 63
51.8	BL		ROAD NAME CHANGES TO MANNING ROAD
52.1	BL		STAY ON MANNING ROAD
52.9	R	SS	NELSON AVENUE EXTENSION/CR 64
53.9	L		ROWLEY ROAD/CR 61
56.0	R	SS	MALTA AVENUE EXTENSION/CR 63
56.6	L	TL	US 9
57.8	L	TL	SR 9P *** BUSY ROAD *** USE EXTRA CAUTION GOING AROUND LAKE ***
<b>65.8</b>	<b>S</b>	<b>TL</b>	<b>CROSS BRIDGE *** STEWART'S SHOP ***</b>
66.3	R	TL	REGATTA VIEW DRIVE
66.9	R	SS	DYER SWITCH ROAD/CR 66
67.3	R	SS	MEADOWBROOK ROAD/CR 65
68.5	L	SS	STAFFORD'S BRIDGE ROAD/CR 67
69.3	S	TL	CROSS SR 29/NAME CHANGES TO RUGGLES ROAD
69.4	BR	SS	BEAR RIGHT TO STAY ON RUGGLES ROAD
70.3	L		EDIE ROAD *** 3RD LEFT ***
75.1	S	SS	CROSS BALLARD ROAD/NAME CHANGES TO GURN SPRINGS ROAD
76.3	L	SS	DIMMICK ROAD
77.3	S		ROAD NAME CHANGES TO PALMER (RIDGE) ROAD
79.1	L	SS	FORTSVILLE ROAD/CR 31
79.4	R		CLARK ROAD *** 1ST RIGHT ***
80.5	L		SELFRIDGE ROAD *** 1ST LEFT ***
83.0	R/L	SS/TL	RIGHT ONTO SR 197/THEN AN IMMEDIATE LEFT ONTO SR 32
<b>84.6</b>	<b>R</b>	<b>TL</b>	<b>BLUEBIRD ROAD/CR 27 *** STEWART'S SHOP ***</b>
85.8	R	SS	FORT EDWARD ROAD/CR 39
88.4	R/L	TL	RIGHT ONTO SR 197/THEN AN IMMEDIATE LEFT ONTO WEST RIVER ROAD/CR 29
98.3	S	SS	CROSS SR 32/NAME CHANGES TO GRANGE HALL ROAD
100.2	L/R	SS	LEFT ONTO SR 29/THEN AN IMMEDIATE RIGHT ONTO CR 338/BURGOYNE STREET
101.5	R		PEARL STREET *** HALF WAY DOWN HILL ***
<b>101.7</b>	<b>FINISH</b>	<b>FINISH</b>	<b>*** 7 PEARL STREET *** ON LEFT ***</b>

Ride Notes On Reverse

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## RIDE NOTES

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ALL MILEAGES ARE ESTIMATED.  
STAY WARM AND STOP BEFORE YOU HAVE TO.  
SOME TURNS MAY NOT HAVE SIGNS. PLEASE PAY ATTENTION TO THE CUE SHEET TO AVOID BONUS MILES.  
TRY TO STAY TOGETHER AND RIDE IN GROUPS.  
LIGHTS AND REFLECTIVE GEAR MUST BE USED BETWEEN DUSK AND DAWN.  
FOOD AND HAMMER NUTRITION PRODUCTS WILL BE AVAILABLE AT START AND FINISH.

## RULES OF THE ROAD

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OBEY ALL TRAFFIC SIGNALS.  
SIGNAL ALL TURNS.  
RIDE AS FAR TO RIGHT AS SAFELY POSSIBLE.  
RIDE DEFENSIVELY.  
RIDE NO MORE THEN 2 ABREAST.  
USE THE SHOULDER WHENEVER POSSIBLE.  
GET COMPLETELY OFF THE ROAD WHEN STOPPING.  
WATCH FOR ICE, SNOW AND RUN OFF.  
USE EXTRA CAUTION IN TURNS AND DOWN HILLS

## CODE KEY

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BL: BEAR LEFT	S: GO STRAIGHT
BR: BEAR RIGHT	SR: STATE ROUTE
CR: COUNTY ROUTE	SS: STOP SIGN
FL: FLASHING LIGHT	TL: TRAFFIC LIGHT
L: LEFT TURN	US: UNITED STATES ROUTE
R: RIGHT TURN	YD: YIELD SIGN

## EMERGENCY #'S

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JOHN: 518.583.3708 | KATHY: 518.587.7801 | ALL OTHER: 911

## VISIT OUR WEBSITE FOR INFORMATION ON ALL OF OUR GREAT EVENTS: [WWW.ADKULTRACYCLING.COM](http://WWW.ADKULTRACYCLING.COM)

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ADIRONDACK ULTRA CHALLENGE

FIRST CENTURY | SNOWBALL EXPRESS | HAUNTED HUNDRED | RIVERS & LAKES CENTURY | LAST CENTURY

SARATOGA BREVET SERIES

200 KM | 300 KM | 400 KM

SARATOGA 12/24

SARATOGA CHALLENGE 24-HOUR RACE | HUDSON RIVER RAMBLE 12-HOUR RACE

NIGHTHAWK 12-HOUR RACE | TRIPLE LAP CHALLENGE 96-MILE RACE | 32-MILE FUN RIDE

ADIRONDACK 540 PREVIEW RIDE

MONTREAL DOUBLE DOUBLE

ADIRONDACK 540

RAAM QUALIFIER | GOLDEN GALLOP 408 | SILVER SOJOURN 272 | BRONZE BLAST 136 | LES TRUFFE VOYAGE 61/75