

# FIRST CENTURY

## PRESENTED BY: ADIRONDACK ULTRA CYCLING

| MILE         | TRIP       | DIR          | MARK         | TOWN                 | DESCRIPTION                                                                                                              |
|--------------|------------|--------------|--------------|----------------------|--------------------------------------------------------------------------------------------------------------------------|
| <b>0.0</b>   | <b>0.2</b> | <b>START</b> | <b>START</b> | <b>SCHUYLERVILLE</b> | <b>ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * HEAD WEST ON SARATOGA STREET *</b>                                   |
| 0.2          | 0.3        | L            | SS           | SCHUYLERVILLE        | PEARL STREET                                                                                                             |
| 0.5          | 1.2        | R            | SS           | SCHUYLERVILLE        | BURGOYNE STREET/CR 338 * BEAR RIGHT AT TOP OF HILL BY MONUMENT *                                                         |
| 1.7          | 1.9        | L/R          | SS           | SCHUYLERVILLE        | LEFT ONTO SR 29/THEN AN IMMEDIATE RIGHT ONTO GRANGE HALL ROAD                                                            |
| 3.6          | 9.9        | S            | SS           | NORTHUMBERLAND       | CROSS SR 32/NAME CHANGES TO WEST RIVER ROAD/CR 29                                                                        |
| 13.5         | 0.8        | R            | SS           | FORT EDWARD          | SR 197                                                                                                                   |
| 14.3         | 10.2       | R            | TL           | FORT EDWARD          | US 4/BROADWAY * FORT EDWARD * STEWART'S *                                                                                |
| 24.5         | 1.2        | L            | —            | GREENWICH            | RIVER ROAD/CR 113 * DO NOT CROSS STEEL DECK BRIDGE * THOMSON *                                                           |
| 25.7         | 1.7        | BR           | —            | GREENWICH            | BEAR RIGHT TO STAY ON CR 113 * DO NOT GO UP HILL * CLARKS MILLS *                                                        |
| 27.4         | 12.4       | S            | FL           | GREENWICH            | CROSS SR 29<br>* <b>SHORTCUT BACK TO START: RIGHT ON 29/CROSS RIVER/RIGHT @ TRAFFIC LIGHT TO SHOP: # 160: ON RIGHT *</b> |
| 39.8         | 0.2        | S            | —            | SCHAGHTICOKE         | ROAD NAME CHANGES TO RIVER ROAD/CR 120 * RENSSELAER COUNTY *                                                             |
| 40.0         | 0.2        | R            | SS           | SCHAGHTICOKE         | STILLWATER BRIDGE ROAD/CR 125                                                                                            |
| 40.2         | 2.6        | R            | FL           | STILLWATER           | US 4/SR 32/HUDSON AVENUE * STILLWATER * STEWART'S *                                                                      |
| 42.8         | 9.8        | S            | —            | BEMIS HEIGHTS        | JCT SR 32 * STAY ON US 4 *                                                                                               |
| <b>52.6</b>  | <b>0.3</b> | <b>R</b>     | <b>REST</b>  | <b>SCHUYLERVILLE</b> | <b>ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * ON RIGHT AFTER 1ST LIGHT * HEAD SOUTH AFTER REST *</b>               |
| 52.9         | 1.8        | R            | SS           | SCHUYLERVILLE        | HORICON AVENUE/SR 32                                                                                                     |
| 54.7         | 1.0        | R            | —            | SCHUYLERVILLE        | DEGARMO ROAD * 1ST RIGHT AFTER BRIDGE *                                                                                  |
| 55.7         | 3.0        | L            | SS           | SCHUYLERVILLE        | BURGOYNE ROAD                                                                                                            |
| 58.7         | 1.7        | BR           | YD           | SARATOGA             | BEAR RIGHT ONTO CR 68                                                                                                    |
| 60.4         | 0.1        | L            | SS           | SARATOGA             | STAFFORD'S BRIDGE ROAD/CR 67                                                                                             |
| 60.5         | 2.2        | R            | —            | SARATOGA             | FITCH ROAD * 1ST RIGHT *                                                                                                 |
| 62.7         | 0.2        | BR           | —            | SARATOGA             | STAY ON FITCH ROAD                                                                                                       |
| 62.9         | 2.3        | R            | SS           | SARATOGA             | SR 9P/LAKE AVENUE * STEWART'S AT MILE 63.0 JUST BEFORE BRIDGE * SARATOGA LAKE                                            |
| 65.2         | 2.3        | R            | —            | SARATOGA             | MEADOW BROOK ROAD/CR 65 * FIRST RIGHT AT BOTTOM OF HILL AT THREE-WAY INTERSECTION *                                      |
| 67.5         | 0.8        | L            | SS           | SARATOGA             | STAFFORD'S BRIDGE ROAD/CR 67                                                                                             |
| 68.3         | 0.1        | S            | TL           | SARATOGA             | CROSS SR 29/NAME CHANGES TO RUGGLES ROAD                                                                                 |
| 68.4         | 0.8        | BR           | SS           | SARATOGA             | BEAR RIGHT TO STAY ON RUGGLES ROAD                                                                                       |
| 69.2         | 4.9        | L            | —            | WILTON               | EDIE ROAD * 3RD LEFT *                                                                                                   |
| 74.1         | 2.4        | S            | SS           | WILTON               | CROSS BALLARD ROAD/NAME CHANGES TO GURN SPRINGS ROAD * WILTON *                                                          |
| 76.5         | 0.5        | S            | —            | WILTON               | CONTINUE ONTO STRONG ROAD                                                                                                |
| 77.0         | 1.5        | R            | SS           | GANSEVOORT           | WILTON-GANSEVOORT ROAD                                                                                                   |
| 78.5         | 4.0        | L            | —            | GANSEVOORT           | SELFRIE ROAD                                                                                                             |
| 82.5         | 1.6        | R/L          | SS/TL        | GANSEVOORT           | RIGHT ONTO SR 197/THEN AN IMMEDIATE LEFT ONTO SR 32                                                                      |
| 84.1         | 1.2        | R            | TL           | MOREAU               | BLUEBIRD ROAD/CR 27 * STEWART'S *                                                                                        |
| 85.3         | 2.6        | R            | SS           | MOREAU               | FORT EDWARD ROAD/CR 28                                                                                                   |
| 87.9         | 10.0       | R/L          | TL           | MOREAU               | RIGHT ONTO SR 197/THEN AN IMMEDIATE LEFT ONTO WEST RIVER ROAD/CR 29                                                      |
| 97.9         | 1.9        | S            | SS           | SCHUYLERVILLE        | CROSS SR 32/NAME CHANGES TO GRANGE HALL ROAD                                                                             |
| 99.8         | 0.6        | L/R          | SS           | SCHUYLERVILLE        | LEFT ONTO SR 29/THEN AN IMMEDIATE RIGHT ONTO CR 338/BURGOYNE STREET                                                      |
| 100.4        | 0.6        | BL           | —            | SCHUYLERVILLE        | BEAR LEFT AT TOP OF HILL BY MONUMENT TO STAY ON BURGOYNE STREET                                                          |
| 101.0        | 0.3        | L            | —            | SCHUYLERVILLE        | PEARL STREET * HALF WAY DOWN HILL *                                                                                      |
| 101.3        | 0.2        | R            | SS           | SCHUYLERVILLE        | SARATOGA STREET                                                                                                          |
| 101.5        | 0.0        | L            | SS           | SCHUYLERVILLE        | BROAD STREET/US 4/NY 29/NY 32                                                                                            |
| <b>101.5</b> | <b>—</b>   | <b>END!</b>  | <b>END!</b>  | <b>SCHUYLERVILLE</b> | <b>ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * CHECK IN AND ENJOY THE FOOD AND WARMTH! *</b>                        |

# FIRST CENTURY

## PRESENTED BY: ADIRONDACK ULTRA CYCLING

### RIDE NOTES & RULES OF THE ROAD

|                                                                                                                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| OBEY ALL TRAFFIC SIGNALS. SIGNAL ALL TURNS. RIDE DEFENSIVELY. GET COMPLETELY OFF THE ROAD WHEN STOPPING.                                                                                                  |
| RIDE AS FAR TO RIGHT AS SAFELY POSSIBLE AND USE THE SHOULDER WHENEVER POSSIBLE.                                                                                                                           |
| RIDE NO MORE THEN 2 ABREAST AND ONLY WHEN TRAFFIC PERMITS. SINGLE UP WHEN TRAFFIC APPROACHES FROM THE REAR.                                                                                               |
| USE EXTRA CAUTION IN TURNS AND ON DOWN HILLS, ESPECIALLY IF IT IS WET AND/OR DARK, OR THERE IS A CHANCE OF UNFORESEEN ICE OR LEAVES.                                                                      |
| ALL MILEAGES ARE ESTIMATED. TRIP MILEAGE IS DISTANCE TO NEXT CUE IN MILES. TRY TO STAY TOGETHER AND RIDE IN GROUPS, ESPECIALLY AFTER DARK.                                                                |
| LIGHTS AND REFLECTIVE GEAR MUST BE USED BETWEEN DUSK AND DAWN. HELMETS MUST BE WORN AT ALL TIMES WHILE RIDING.                                                                                            |
| SOME TURNS MAY NOT HAVE SIGNS. PAY ATTENTION TO CUE SHEET TO AVOID BONUS MILES. IF LOST OR CONFUSED, CALL JOHN AT: 518.583.3708.                                                                          |
| THIS RIDE MAY INCLUDE GRAVEL, DIRT OR STONE PATHS, BUT STANDARD ROAD BIKES WITH 23/25/28 MM TIRES WILL NOT HAVE ANY PROBLEMS ON THESE SECTIONS, BUT PLEASE USE EXTRA CAUTION WHILE RIDING IN THESE AREAS. |
| BAGELS, POCKET FOOD, SNACKS AND DRINKS WILL BE AVAILABLE AT THE START AND PIZZA, PASTA, SOUP AND/OR BREAKFAST FOOD WILL BE SERVED AT THE FINISH.                                                          |
| WATCH OUT FOR WET LEAVES, POT HOLES, ROAD DEBRIS, RUNOFF, ICE AND ANIMALS, INCLUDING DEER, HORSES, GOATS, COWS, SHEEP, EAGLES, GROUND HOGS, FOXES, ETC.                                                   |
| THIS RIDE WILL BE UNSUPPORTED ON THE ROAD. IF IT'S COLD, STAY WARM AND TAKE A BREAK IF YOU HAVE TO.                                                                                                       |
| ALL MILEAGE RIDDEN IN THIS RIDE WILL COUNT TOWARD THE ADIRONDACK ULTRA CUP.                                                                                                                               |
| THIS IS NOT A RACE AND IS MEANT TO BE A CHALLENGING, BUT FRIENDLY, FUN, SOCIAL RIDE, SO BE CHALLENGED AND HAVE FUN!                                                                                       |

### CODE KEY

|                  |                    |                       |                         |
|------------------|--------------------|-----------------------|-------------------------|
| BL: BEAR LEFT    | FL: FLASHING LIGHT | S: GO STRAIGHT        | TL: TRAFFIC LIGHT       |
| BR: BEAR RIGHT   | L: LEFT TURN       | SR OR NY: STATE ROUTE | US: UNITED STATES ROUTE |
| CR: COUNTY ROUTE | R: RIGHT TURN      | SS: STOP SIGN         | YD: YIELD SIGN          |

### EMERGENCY PHONE NUMBERS

RIDE LEADER: JOHN CECERI: 518.583.3708 | HOME BASE (KATHY): 518.587.7801 | EMERGENCY: 911

### OUR OTHER GREAT EVENTS

|                                                                                                                                                 |
|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>ADIRONDACK ULTRA CHALLENGE</b>                                                                                                               |
| FIRST 100/50   SNOWBALL EXPRESS/LOCAL   CHAMPLAIN CANALWAY 130/65   TURNING POINT 100   HAUNTED 100/65   RIVERS & LAKES 100/80/30   LAST 100/50 |
| <b>SARATOGA BREVET SERIES</b>                                                                                                                   |
| 100 KM WOMEN'S DAY POPULAIRE   200 KM SCHROON LAKE BREVET   300 KM ELIZABETHTOWN BREVET   400 KM ADIRONDACK LOOP BREVET   600 KM CHAMBLY BREVET |
| <b>ADIRONDACK 540 GRAN FONDO:</b> 136 MILES OF ADIRONDACK GOODNESS!                                                                             |
| <b>SARATOGA 12/24:</b> ULTRA FUN IN JULY!                                                                                                       |
| <b>MONTREAL DOUBLE DOUBLE:</b> TWO DOUBLES AND A REST DAY IN MONTREAL!                                                                          |

[WWW.ADKULTRACYCLING.COM](http://WWW.ADKULTRACYCLING.COM)