

# SARATOGA 400 KM BREVET

PRESENTED BY: ADIRONDACK ULTRA CYCLING

KM	MILE	TRIP	DIR	MARK	DESCRIPTION
0.0	0.0	0.2	START	START	ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * HEAD WEST ON SARATOGA STREET *
0.3	0.2	0.3	L	SS	PEARL STREET
0.8	0.5	1.1	R	SS	BURGOYNE STREET/CR 338 * BEAR RIGHT AT TOP OF HILL BY MONUMENT *
2.6	1.6	2.0	L/R	SS	LEFT ONTO NY 29/THEN AN IMMEDIATE RIGHT ONTO GRANGE HALL ROAD
5.8	3.6	10.0	S	SS	CROSS NY 32/NAME CHANGES TO WEST RIVER ROAD/CR 29
21.9	13.6	3.8	R/L	SS/TL	RIGHT ONTO NY 197/THEN AN IMMEDIATE LEFT ONTO FORT EDWARD ROAD/CR 28/MAIN STREET
28.0	17.4	10.7	S	TL	US 9/GLEN STREET * SOUTH GLENS FALLS/GLENS FALLS/QUEENSBURY *
45.2	28.1	5.6	BL	TL	JCT NY 9N/STAY ON US 9 * LAKE GEORGE *
54.2	33.7	0.2	CTL	CTL	* STEWART'S * CONTROL # 02 * WARRENSBURG * 05:34 - 07:32 * * ON LEFT PAST SECOND TRAFFIC LIGHT AT STEWART FARRAR STREET * * EXIT CONTROL TO THE LEFT & HEAD NORTH ON US 9 * LIMITED SERVICES NEXT 18 MILES *
54.6	33.9	0.9	L/R	TL	LEFT ONTO ADIRONDACK AVENUE/THEN AN IMMEDIATE RIGHT ONTO HUDSON STREET/CR 9
56.0	34.8	3.8	S	—	NAME CHANGES TO GOLF COURSE ROAD/CR 40
62.1	38.6	9.1	L	SS	NY 28
76.8	47.7	4.0	S	TL	STAY ON NY 28 NORTH/JCT NY 8 * WEAVERTOWN *
83.2	51.7	18.6	S	—	STAY ON NY 28 NORTH * NORTH CREEK * NO SERVICES NEXT 19 MILES *
113.1	70.3	11.3	CTL	CTL	* STEWART'S * CONTROL #03 * ON LEFT * INDIAN LAKE * 07:18 - 11:28 * * EXIT CONTROL TO THE LEFT & CONTINUE N/W ON NY 28/NY 30 * NO SERVICES NEXT 11 MILES *
131.3	81.6	10.6	R	SS	NY 28N/NY 30 * BLUE MT. LAKE * NO SERVICES NEXT 10 MILES *
148.4	92.2	22.0	L	—	STAY ON NY 30 * LONG LAKE * LIMITED SERVICES NEXT 22 MILES *
183.8	114.2	0.2	R	TL	PARK STREET/NY 3/NY 30 * TUPPER LAKE *
184.1	114.4	5.5	CTL	CTL	* STEWART'S * CONTROL #04 * ON RIGHT * TUPPER LAKE * 09:23 - 16:12 * * EXIT CONTROL TO THE RIGHT & CONTINUE N/E ON NY 3/NY 30 * NO SERVICES NEXT 20 MILES *
193.0	119.9	15.3	S	—	STAY ON NY 3
217.6	135.2	0.2	BR	TL	JCT NY 3/RIVER STREET/NY 86 * BEAR RIGHT ONTO RIVER STREET NY 86 EAST * SARANAC LAKE *
217.9	135.4	6.2	R	—	LAKE FLOWER AVENUE/NY 86
227.9	141.6	2.3	S	—	JCT OLD MILITARY ROAD * STAY ON NY 86 TO LAKE PLACID *
231.6	143.9	0.7	R	—	STAY ON NY 86 * LAKE PLACID * BIKE SHOPS * RESTAURANTS * ALL SERVICES *
232.7	144.6	0.2	CTL	CTL	* STEWART'S * CONTROL #05 * ON LEFT * LAKE PLACID * 10:53 - 19:28 * * EXIT CONTROL TO THE LEFT AND CONTINUE ON NY 86 * LIMITED SERVICES NEXT 48 MILES *
233.0	144.8	0.2	R	TL	NY 73/SENTINEL ROAD
233.4	145.0	0.4	BL	—	JCT STATION STREET * BEAR LEFT TO STAY ON NY 73/SENTINEL ROAD *
234.0	145.4	13.6	BL	—	JCT NEWMAN ROAD * BEAR LEFT TO STAY ON NY 73/SENTINEL ROAD *
255.9	159.0	4.5	S	—	STAY ON NY 73 * KEENE *
263.1	163.5	8.9	S	—	STAY ON NY 73 * KEENE VALLEY * NO SERVICES NEXT 30 MILES *
277.5	172.4	11.6	S	—	END NY 73/CONTINUE SOUTH ON US 9
296.1	184.0	9.1	S	—	STAY ON US 9 * NORTH HUDSON *
310.8	193.1	8.5	CTL	CTL	* STEWART'S * CONTROL #06 * ON LEFT * SCHROON LAKE * 13:19 - 00:40 * * EXIT CONTROL TO THE LEFT & CONTINUE SOUTH ON US 9 * LIMITED SERVICES NEXT 30 MILES *
324.4	201.6	0.7	L	—	GLENDALE ROAD/CR 62 * POTTERSVILLE * TURN AT CAMPGROUND * JUST PAST STONE BRIDGE RD *
325.6	202.3	4.0	S	—	NAME CHANGES TO EAST SCHROON RIVER ROAD/CR 64
332.0	206.3	0.1	R	SS	SCHROON RIVER ROAD/CR 53/CR 30
332.2	206.4	0.6	BL	—	BEAR LEFT AT CARL TURNER ROAD TO STAY ON SCHROON RIVER ROAD/CR 53/CR 30
333.1	207.0	1.3	S	SS	CROSS NY 8
335.2	208.3	1.8	BR	—	BEAR RIGHT AT CR 31 TO STAY ON SCHROON RIVER ROAD/CR 30
338.1	210.1	10.8	S	—	NAME CHANGES TO SCHROON RIVER ROAD/CR 10

ROUTE CONTINUES ON NEXT PAGE

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355.5	220.9	0.3	BR	—	NAME CHANGES TO HORICON AVENUE/CR 10
356.0	221.2	0.5	L	TL	US 9/MAIN STREET * WARRENSBURG *
356.8	221.7	4.7	CTL	CTL	* SUNOCO/DUNKIN DONUTS * CONTROL #07 * ON LEFT * WARRENSBURG * 14:49 - 03:52 * * EXIT CONTROL TO THE LEFT & CONTINUE SOUTH ON US 9 *
364.4	226.4	10.6	BR	TL	JCT NY 9N * STAY ON US 9 *
381.4	237.0	3.8	S	TL	MAIN STREET/FORT EDWARD ROAD/CR 28 * SOUTH GLENS FALLS * * DO NOT MISS THIS TURN * LEAVE US 9 AT TOP OF HILL AFTER BRIDGE *
387.5	240.8	10.0	R/L	TL	RIGHT ONTO NY 197/THEN AN IMMEDIATE LEFT ONTO WEST RIVER ROAD/CR 29 *
403.6	250.8	1.9	S	SS	CROSS NY 32/NAME CHANGES TO GRANGE HALL ROAD
406.7	252.7	1.3	L/R	SS	LEFT ONTO NY 29/THEN AN IMMEDIATE RIGHT ONTO CR 338/BURGOYNE STREET
408.8	254.0	0.3	L	—	PEARL STREET * HALF WAY DOWN HILL *
409.3	254.3	0.1	R	SS	SARATOGA STREET
409.4	254.4	0.1	S	SS	BROAD STREET/US 4/NY 29/NY 32 * CROSS STREET AND MAKE A RIGHT ONTO THE SIDEWALK TO RETURN TO THE SHOP *
409.6	254.5	—	FINISH	FINISH	* ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * CONTROL #08 * SCHUYLERVILLE * 16:08 - 07:00 *
SIGN BREVET CARD AND SIGN-IN SHEET. TURN IN CARD TO OFFICIAL. FINISH TIME IS CALCULATED WHEN YOU TURN IN YOUR CARD. RELAX AND ENJOY THE FOOD!					

## RIDE NOTES & RULES OF THE ROAD

OBEY ALL TRAFFIC SIGNALS. SIGNAL ALL TURNS. RIDE DEFENSIVELY. GET COMPLETELY OFF THE ROAD WHEN STOPPING.
RIDE AS FAR TO RIGHT AS SAFELY POSSIBLE AND USE THE SHOULDER WHENEVER POSSIBLE.
RIDE NO MORE THEN 2 ABEAST AND ONLY WHEN TRAFFIC PERMITS. SINGLE UP WHEN TRAFFIC APPROACHES FROM THE REAR.
USE EXTRA CAUTION IN TURNS AND ON DOWN HILLS, ESPECIALLY IF IT IS WET AND/OR DARK, OR THERE IS A CHANCE OF UNFORESEEN ICE OR LEAVES.
ALL MILEAGES ARE ESTIMATED. TRIP MILEAGE IS DISTANCE TO NEXT CUE IN MILES. TRY TO STAY TOGETHER AND RIDE IN GROUPS, ESPECIALLY AFTER DARK.
LIGHTS AND REFLECTIVE GEAR MUST BE USED BETWEEN DUSK AND DAWN. HELMETS MUST BE WORN AT ALL TIMES WHILE RIDING.
SOME TURNS MAY NOT HAVE SIGNS. PAY ATTENTION TO CUE SHEET TO AVOID BONUS MILES. IF LOST OR CONFUSED, CALL JOHN AT: 518.583.3708.
THIS RIDE MAY INCLUDE GRAVEL, DIRT OR STONE PATHS, BUT STANDARD ROAD BIKES WITH 23/25/28 MM TIRES WILL NOT HAVE ANY PROBLEMS ON THESE SECTIONS, BUT PLEASE USE EXTRA CAUTION WHILE RIDING IN THESE AREAS.
BAGELS, POCKET FOOD, SNACKS AND DRINKS WILL BE AVAILABLE AT THE START AND PIZZA, PASTA, SOUP AND/OR BREAKFAST FOOD WILL BE SERVED AT THE FINISH.
WATCH OUT FOR WET LEAVES, POT HOLES, ROAD DEBRIS, RUNOFF, ICE AND ANIMALS, INCLUDING DEER, HORSES, GOATS, COWS, SHEEP, EAGLES, GROUND HOGS, FOXES, ETC.
THIS RIDE WILL BE UNSUPPORTED ON THE ROAD. IF IT'S COLD, STAY WARM AND TAKE A BREAK IF YOU HAVE TO.
ALL MILEAGE RIDDEN IN THIS RIDE WILL COUNT TOWARD THE ADIRONDACK ULTRA CUP.
THIS IS NOT A RACE AND IS MEANT TO BE A CHALLENGING, BUT FRIENDLY, FUN, SOCIAL RIDE, SO BE CHALLENGED AND HAVE FUN!

## CODE KEY

<b>BL:</b> BEAR LEFT	<b>FL:</b> FLASHING LIGHT	<b>S:</b> GO STRAIGHT	<b>TL:</b> TRAFFIC LIGHT
<b>BR:</b> BEAR RIGHT	<b>L:</b> LEFT TURN	<b>NY:</b> STATE ROUTE	<b>US:</b> UNITED STATES ROUTE
<b>CR:</b> COUNTY ROUTE	<b>R:</b> RIGHT TURN	<b>SS:</b> STOP SIGN	<b>YD:</b> YIELD SIGN

## EMERGENCY PHONE NUMBERS

RIDE LEADER: JOHN CECERI: 518.583.3708 | HOME BASE (KATHY): 518.587.7801 | EMERGENCY: 911

WWW.ADKULTRACYCLING.COM