

SARATOGA 100 KM POPULAIRE

CELEBRATING INTERNATIONAL WOMEN'S DAY

PRESENTED BY: ADIRONDACK ULTRA CYCLING

KM	MILE	TRIP	DIR	MARK	DESCRIPTION
0.0	0.0	0.3	START!	START!	ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * CONTROL # 01 * SCHUYLerville * 10:00 - 10:00 * * HEAD SOUTH ON BROAD STREET/US 4/NY 29/NY 32 * PLEASE NOTE THIS WILL BE A GROUP RIDE FOR THE FIRST 5 KM *
0.5	0.3	1.9	R	SS	GATES AVENUE/NY 32
3.5	2.2	1.0	R	—	DEGARMO ROAD
5.1	3.2	3.1	L	SS	BURGOYNE ROAD
10.1	6.3	1.6	BR	YD	CR 68
12.7	7.9	0.2	L	SS	STAFFORD BRIDGE ROAD/CR 67
13.0	8.1	2.2	R	—	FITCH ROAD
16.6	10.3	0.2	BR	—	STAY ON FITCH ROAD * JCT CHAPMAN HILL ROAD *
16.9	10.5	4.5	L	SS	NY 9P
24.1	15.0	2.7	CTL	CTL	* STEWART'S * CONTROL # 02 * SARATOGA LAKE * 10:42 - 12:12 * ON LEFT AT LAKE ROAD * * EXIT CONTROL TO THE LEFT AND CONTINUE SOUTH NY 9P *
28.5	17.7	1.2	R	TL	US 9
30.4	18.9	0.5	R	TL	MALTA AVENUE
31.2	19.4	2.2	L	—	ROWLEY ROAD * 1ST LEFT *
34.8	21.6	0.5	L	YD	NELSON AVENUE EXTENSION/CR 64
35.6	22.1	0.8	R	SS	STAY ON NELSON AVENUE EXTENSION/CR 64 * JCT KAYDEROSS AVENUE WEST *
36.9	22.9	2.2	S	SS	NAME CHANGES TO NELSON AVENUE * JCT CRESCENT AVENUE * SARATOGA SPRINGS *
40.4	25.1	0.2	R	SS	HIGH ROCK AVENUE
40.7	25.3	0.2	BR	SS	EXCELSIOR AVENUE
41.0	25.5	0.1	L	TL	EAST AVENUE
41.2	25.6	0.3	S	TL	STAY ON EAST AVENUE * CROSS US 9/NY 50 * USE EXTRA CAUTION AND CROSS ONLY WITH GREEN LIGHT *
41.7	25.9	0.3	R	SS	NORTH BROADWAY
42.2	26.2	0.0	L	—	ENTER SKIDMORE COLLEGE CAMPUS
42.2	26.2	0.2	L	SS	SKIDMORE COLLEGE ROAD
42.5	26.4	0.2	S	SS	PERIMETER ROAD
42.8	26.6	0.1	CTL	CTL	* TANG MUSEUM * CONTROL # 03 * SARATOGA SPRINGS * 11:14 - 13:06 * ON RIGHT * * EXIT CONTROL TO THE SOUTH AND RETURN TO PERIMETER ROAD *
43.0	26.7	0.1	R	—	PERIMETER ROAD
43.1	26.8	0.1	L	SS	TAKE CLINTON STREET EXIT OFF PERIMETER ROAD
43.3	26.9	0.8	R	SS	CLINTON STREET
44.6	27.7	1.3	R	SS	DANIELS ROAD
46.7	29.0	0.8	L	TL	MAPLE AVENUE/US 9
48.0	29.8	2.3	BR	TL	NORTHERN PINES ROAD/CR 34
51.7	32.1	2.1	BR	—	TRAVER ROAD
55.0	34.2	0.2	S	TL	CROSS BALLARD ROAD AND CONTINUE ON NORTH ROAD
55.4	34.4	1.1	BL	—	BEAR LEFT BEFORE TARGET WAREHOUSE TO STAY ON NORTH ROAD
57.1	35.5	2.8	R	SS	WILTON GANSEVOORT ROAD/CR 32
61.6	38.3	1.3	L	—	FORTSVILLE ROAD/CR 31
63.7	39.6	1.2	R	—	CLARK ROAD * 1ST RIGHT *
65.7	40.8	2.5	L	—	SELFRIDGE ROAD * 1ST LEFT *
69.7	43.3	1.5	R/L	SS/TL	RIGHT ONTO REYNOLDS ROAD/NY 197/IMMEDIATE LEFT ONTO NY 32
72.1	44.8	1.2	CTL	CTL	* STEWART'S * CONTROL # 04 * SOUTH GLENS FALLS * 12:07-14:48 * ON LEFT PAST TRAFFIC LIGHT * * EXIT CONTROL ONTO BLUEBIRD ROAD AND MAKE A LEFT *

ROUTE CONTINUES ON NEXT PAGE • BREVET NOTES ON NEXT PAGE

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KM	MILE	TRIP	DIR	MARK	DESCRIPTION
74.0	46.0	2.6	R	SS	FORT EDWARD ROAD/CR 28
78.2	48.6	0.7	L	TL	NY 197
79.3	49.3	0.3	R	TL	BROADWAY/US 4
79.8	49.6	6.5	S	—	STAY ON US 4 FOLLOW EMPIRE STATE TRAIL
90.3	56.1	3.4	S	—	STAY ON US 4 LEAVE EMPIRE STATE TRAIL
95.8	59.5	1.1	L	—	CR 113 * FOLLOW EMPIRE STATE TRAIL * DO NOT CROSS STEEL DECK BRIDGE *
97.5	60.6	0.2	R	—	CR 70 * FOLLOW EMPIRE STATE TRAIL * DISREGARD BRIDGE OUT SIGN *
97.8	60.8	0.1	R	SS	DIX BRIDGE ROAD * FOLLOW EMPIRE STATE TRAIL *
98.0	60.9	0.4	S	—	CROSS DIX BRIDGE INTO HUDSON CROSSING PARK/CHAMPLAIN CANAL LOCK 5 * FOLLOW EMPIRE STATE TRAIL *
98.7	61.3	0.8	L	—	FOLLOW EMPIRE STATE TRAIL ONTO STONE DUST TRAIL AND DIRT ROAD * TURN JUST PAST THE LOCK *
99.9	62.1	0.1	R	SS	SARATOGA STREET * LEAVE EMPIRE STATE TRAIL *
100.1	62.2	0.0	L	SS	BROAD STREET/US 4/NY 29/NY 32 * USE SIDEWALK TO RETURN TO SHOP *
100.1	62.2	0.0	FINISH!	FINISH!	ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * CONTROL # 05 * SCHUYLerville * 12:56 - 16:40 *
* SIGN BREVET CARD & SIGN-IN SHEET * TURN IN CARD TO OFFICIAL * FINISH TIME IS CALCULATED WHEN YOU TURN IN YOUR CARD *					

RIDE NOTES & RULES OF THE ROAD

OBEY ALL TRAFFIC SIGNALS. SIGNAL ALL TURNS. RIDE DEFENSIVELY. GET COMPLETELY OFF THE ROAD WHEN STOPPING.
RIDE AS FAR TO RIGHT AS SAFELY POSSIBLE AND USE THE SHOULDER WHENEVER POSSIBLE.
RIDE NO MORE THEN 2 ABBREAST AND ONLY WHEN TRAFFIC PERMITS. SINGLE UP WHEN TRAFFIC APPROACHES FROM THE REAR.
USE EXTRA CAUTION IN TURNS AND ON DOWN HILLS, ESPECIALLY IF IT IS WET OR ICY, OR THERE ARE LEAVES ON THE ROAD AND/OR IT IS DARK.
ALL MILEAGES ARE ESTIMATED. TRIP MILEAGE IS DISTANCE TO NEXT CUE IN MILES. TRY TO STAY TOGETHER AND RIDE IN GROUPS, ESPECIALLY AFTER DARK.
LIGHTS AND REFLECTIVE GEAR MUST BE USED BETWEEN DUSK AND DAWN. HELMETS MUST BE WORN AT ALL TIMES WHILE RIDING.
SOME TURNS MAY NOT HAVE SIGNS. PAY ATTENTION TO CUE SHEET TO AVOID BONUS MILES. IF LOST OR CONFUSED, CALL JOHN AT: 518.583.3708.
THIS RIDE MAY INCLUDE GRAVEL, DIRT OR STONE DUST PATHS. UNLESS OTHERWISE NOTED, STANDARD ROAD BIKES WITH 23/25/28 MM TIRES SHOULDN'T HAVE ANY PROBLEMS, BUT PLEASE USE EXTRA CAUTION ON THESE SECTIONS.
COMPLIMENTARY POCKET FOOD, SNACKS AND DRINKS WILL BE AVAILABLE AT THE START, AND PIZZA OR PASTA, WILL BE SERVED AT THE FINISH.
WATCH OUT FOR WET LEAVES, POT HOLES, ROAD DEBRIS, RUNOFF, ICE AND ANIMALS, INCLUDING DEER, HORSES, GOATS, COWS, SHEEP, EAGLES, GROUND HOGS, FOXES, ETC.
THIS RIDE WILL BE UNSUPPORTED ON THE ROAD AND RIDERS ARE EXPECTED TO BE SELF SUFFICIENT. IF IT'S COLD, STAY WARM AND TAKE A BREAK IF YOU HAVE TO.
THIS IS NOT A RACE AND IS MEANT TO BE A CHALLENGING, BUT FRIENDLY, FUN, SOCIAL RIDE, SO BE CHALLENGED AND HAVE FUN!

CODE KEY

BL: BEAR LEFT	FL: FLASHING LIGHT	S: GO STRAIGHT	TL: TRAFFIC LIGHT
BR: BEAR RIGHT	L: LEFT TURN	NY: STATE ROUTE	US: UNITED STATES ROUTE
CR: COUNTY ROUTE	R: RIGHT TURN	SS: STOP SIGN	YD: YIELD SIGN

EMERGENCY PHONE NUMBERS

RIDE LEADER: JOHN CECERI: 518.583.3708 | HOME BASE (KATHY): 518.587.7801 | EMERGENCY: 911

WWW.ADKULTRACYCLING.COM