

# ADIRONDACK 540

## CUE SHEET

MILE	DIR	MARK	ROUTE	TOWN	SERVICES	NOTES
00.0	SOUTH	START	NYS 86	WILMINGTON	F, G	CHECKPOINT AT ALPINE COUNTRY INN
12.0	L	TL	NYS 73	LAKE PLACID	ALL, H	BIKE SHOPS
12.2	BL		NYS 73	LAKE PLACID		JCT. AVERYVILLE ROAD
12.6	BL		NYS 73	LAKE PLACID		JCT. SENTINEL ROAD
14.0	S		NYS 73	LAKE PLACID		SKI JUMPS
19.9	S		NYS 73	LAKE PLACID		BEGIN 5 MILE DESCENT
26.2	S		NYS 73/NYS 9N	KEENE	F, G	JCT. NYS 9N
28.1	S		NYS 73/NYS 9N	KEENE		JCT. NYS 9N
33.5	S		NYS 73	KEENE VALLEY	F	BEGIN 4 MILE CLIMB
39.5	S		US 9	NORTH HUDSON		END NYS 73/JCT. I 87
51.0	S		US 9	NORTH HUDSON	F	LIMITED HOURS CONVENIENCE STORE
57.6	L	SS	NYS 74	SCHROON	F, G	CONVENIENCE STORE JUST SOUTH OF SS
69.9	S		NYS 74	CHILSON		BEGIN 2 MILE CLIMB
71.9	S		NYS 74	TICONDEROGA		BEGIN 2 MILE DESCENT
74.8	R	TL	NYS 9N/NYS 22	TICONDEROGA	ALL, H	JCT. NYS 22/NYS 9N
74.8	L		WAL-MART PLAZA	TICONDEROGA		TURN INTO PLAZA – USE 2ND ENTRANCE
74.9	U		SUPER 8 MOTEL	TICONDEROGA		CHECKPOINT AT SUPER 8
74.9	R	SS	NYS 9N/NYS 22	TICONDEROGA		RETURN TO COURSE
75.0	S	TL	NYS 9N/NYS 22	TICONDEROGA		CONTINUE NORTH ON NYS 9N/NYS 22
82.6	R		NYS 9N/NYS 22	CROWN POINT	F, G, HW	STAY ON NYS 9N/NYS 22
100.4	S		NYS 9N	WESTPORT	F, G, AP	JCT. NYS 22
104.4	S		NYS 9N	WESTPORT		JCT. I 87
108.7	L	FL	NYS 9N/US 9	ELIZABETHTOWN	F, G, H	JCT. US 9
109.2	R		NYS 9N	ELIZABETHTOWN		JCT. US 9/ BEGIN 4 MILE CLIMB
117.2	S		NYS 9N	KEENE		BEGIN 2 MILE DESCENT
119.3	R	SS	NYS 9N/NYS 73	KEENE	F, G	JCT. NYS 73
121.2	R		NYS 9N	KEENE		JCT. NYS 73
127.2	R		NYS 9N	UPPER JAY		STAY ON NYS 9N
130.8	L		NYS 86	JAY		THIS TURN IS EASY TO MISS!
135.0	L	SS	NYS 86	WILMINGTON	F, G	
136.1	S	END	NYS 86	WILMINGTON	CP	CHECKPOINT AT ALPINE COUNTRY INN

DIRECTION KEY: BL: BEAR LEFT; BR: BEAR RIGHT; L: LEFT TURN; R: RIGHT TURN; S: STRAIGHT; CP: CHECKPOINT; U: U-TURN

MARK KEY: CP: CHECKPOINT; FL: FLASHING LIGHT/STOP SIGN; SS: STOP SIGN; TL: TRAFFIC LIGHT

SERVICES KEY: AP: AUTO PARTS; F: FOOD; G: GAS; H: HOSPITAL/EMERGENCY; HW: HARDWARE

NOTES: MOST STORES & GAS STATIONS WILL BE CLOSED BETWEEN 11PM & 6AM. MAKE SURE TO HAVE ENOUGH FUEL FOR THE ENTIRE NIGHT BY 11PM. THERE ARE 24 HOUR SUPERMARKETS IN TICONDEROGA & LAKE PLACID. (IN LAKE PLACID, CONTINUE ON 86 FOR ABOUT 2 MILES PAST 73 SOUTH.) THERE ARE ALSO SEVERAL BIKE SHOPS LOCATED IN LAKE PLACID.

## IMPORTANT PHONE #'s

JOHN'S CELL: 518.583.3708 | KATHY'S CELL: 518.587.7801

ALPINE COUNTRY INN & SUITES: 518.946.2263 | SUPER 8: 518.585.2617

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## COURSE MAP

